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Print Name of Student-Athlete

**I. Steroids Policy:**

As a condition of membership in the CIF, all schools shall adopt policies prohibiting the use and abuse of androgenic/anabolic steroids. All member schools shall have participating students and their parents, legal guardian/caregiver agree that the athlete will not use steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition (Bylaw 524).

**II. Code of Ethics for Student-Athlete and Parent.**

- Embrace the six pillars and 16 Principles of Pursuing Victory With Honor program (on reverse side).
- Be courteous at all times with school officials, opponents, game officials, and spectators.
- Exercise self-control.
- Be familiar with the rules of the contest.
- Show respect for self, players, officials, coaches, and spectators.
- Refrain from the use of foul and/or abusive language at all times.
- Respect the integrity and judgment of game officials.
- Abstain from the use of illegal and nonprescription drugs, anabolic steroids, and alcohol.
- Win with character; lose with dignity.

I have read and I understand the Policy Statement, Code of Ethics, The Pillars and Principles of Pursuing Victory With Honor. I agree to abide by this policy while participating and/or spectating at CIFNCS athletic events regardless of contest site or jurisdiction.

I also hereby agree that the student shall not use androgenic/anabolic steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition. We also recognize that that under CIF Bylaw 200.D., there could be penalties for false or fraudulent information. We also understand that the Berkeley Unified School District and Berkeley High School policy regarding the use of illegal drugs will be enforced for any violations of these rules.

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Signature of Athlete

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Date

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Signature of Parent/Caregiver

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Date